



CITY OF MIDDLETOWN, CT

THE MIDDLETOWN WEEKLY READER

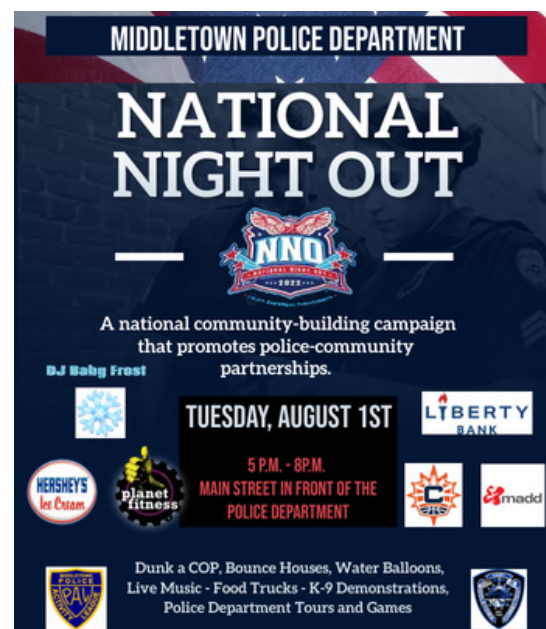
UPDATES AND INFORMATION FROM AROUND TOWN

Want to know what is happening this week in Middletown? Check out the Community Calendar. Have an upcoming event you want added to the calendar? You can submit it here.

Why Does My Water Taste Weird?

Over the past month, the City of Middletown has seen an unprecedented amount of rain. This has resulted in algae blooms in our drinking water reservoir. This can result in the unpleasant taste and odor that you may encounter at your tap. This occurrence is harmless, but difficult to control. Middletown Water is working diligently to resolve this issue.

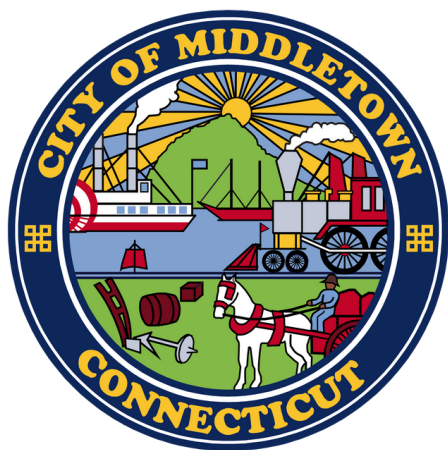
Water Quality: **The water is safe to drink.** The earthy smell and taste are not a health risk, and are common in water systems throughout Connecticut. Water quality tests performed throughout the water distribution system have confirmed that City water meets or exceeds all state and federal standards and remains safe to drink. Read more here.



The Senior Center just released their September calendar of events celebrating National Senior Center Month! There are a ton of activities both in the center and out, including:

- Trips to the Big E
- Musical entertainment
- Arts & crafts
- Educational workshops
- Meals, socials, exercise, and more!

All activities are open to Middletown residents 60+. You must register for Senior Center membership first (FREE). Registrations for the September programs opens on August 1st at 8:30am. You can check out their September activities here.





DIGABLE PLANETS TO PERFORM AT MIDDLETOWN'S HARBOR PARK FOR FREE EVENT

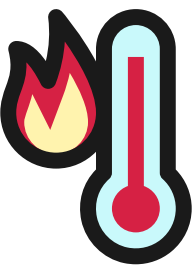
Premier Concerts and Manic Presents:

Digable Planets -- Reachin' 30th Anniversary Tour

When: Friday, September 15, 2023 at 7:00PM – Doors at 6:00PM

Where: Harbor Park – 80 Harbor Drive Middletown, CT 06547

Cost: Free! Ticket reservation required.
Tickets available [here](#).



During extremely hot and humid weather, your body's ability to cool itself is challenged. It is important to know the symptoms of excessive heat exposure and the appropriate responses.

Heat Exhaustion	Heat Stroke
<p>ACT FAST</p> <ul style="list-style-type: none"> • Move to a cooler area • Loosen clothing • Sip cool water • Seek medical help if symptoms don't improve 	<p>ACT FAST</p> <p>CALL 911</p> <ul style="list-style-type: none"> • Move person to a cooler area • Loosen clothing and remove extra layers • Cool with water or ice
<p><i>Dizziness</i></p> <p><i>Thirst</i></p> <p><i>Heavy Sweating</i></p> <p><i>Nausea</i></p> <p><i>Weakness</i></p>	<p><i>Confusion</i></p> <p><i>Dizziness</i></p> <p><i>Becomes Unconscious</i></p>
<p><i>Heat exhaustion can lead to heat stroke.</i></p>	<p><i>Heat stroke can cause death or permanent disability if emergency treatment is not given.</i></p>

Stay Cool, Stay Hydrated, Stay Informed!

Everyone should take these steps to prevent heat-related illnesses, injuries, and death during hot weather:

1. Stay in an air-conditioned indoor location as much as you can.
2. Drink plenty of fluids even if you don't feel thirsty.
3. Schedule outdoor activities carefully. ...
4. Take cool showers or baths to cool down.

READ MORE ON HOW TO STAY SAFE IN THE EXTREME HEAT [HERE](#).



THE CHILDREN'S CIRCUS OF MIDDLETOWN!

**FRIDAY AUGUST 4TH AT
5PM**

SAVE THE DATE!

ELI CANNON'S IS RAISING MONEY
FOR BROOKE PASIEKA! IF THE
\$5000 FUNDRAISING GOAL IS
MET ROCCO WILL SHAVE HIS
HEAD! READ MORE ABOUT
BROOKE AND HER JOURNEY [HERE](#)

ODDFELLOWS PLAYHOUSE and MCA and MIDDLESEX UNITED WAY THE 35 th ANNUAL CHILDREN'S CIRCUS OF MIDDLETOWN CIRCUS GOT GAMES FRIDAY, AUG 4th at 5PM RAINDATE: SATURDAY, AUG 5th at 5PM Macdonough School 66 Spring Street, Middletown, CT \$8 for adults / \$5 for kids / CASH ONLY AT THE GATE Please call to reserve wheelchair seating. Bring lawn chairs or blankets and a picnic. Street parking around the neighborhood. Handicapped & Elderly parking only in the school lot. 860.347.6143 www.oddfellows.org Major support for the 2023 Children's circus is provided by: The City of Middletown, Middletown Commission on the Arts, Middlesex United Way Additional Support provided by: St. James Fund at the Community Foundation of Middlesex County, Evan Boyd Knoll Memorial Circus Fund, Middletown Board of Education MCA		DIABLO DRIVE Price \$600 WILD CARD TEENY TINY TERRACE Price \$200 CONCH CORNER Price \$1000 CIRCUS CIRCLE Price \$700 JUGGLIN	PURPLE POP PLAZA Price \$750 ROLLING GLOBE HIGHWAY Price \$500 CLOWN BLVD Price \$400 WILD CARD STILL STREET Price \$800 COLLECT 500 POSTCARDS AS YOU PASS
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The Children's Circus is part of the Kids Arts Program of the City of Middletown's Office of the Arts and is directed and produced by Oddfellows Playhouse. Learn more [here](#).

WWW.MIDDLETOWNCT.GOV

ROCCO GOES BALD
FOR **BROOKE!**
AUGUST 5TH 12PM - 3PM
ELI CANNON'S TAPROOM

Visit Here to learn more about Brooke!

VENMO: @Rocco-LaMonica



**VETERANS PARK POOL AND SPLASH
PAD IS OFFICIALLY OPEN!!!**

**READ THE LATEST MIDDLETOWN
PRESS ARTICLE ABOUT THE POOL
AND SPLASH PAD [HERE.](#)**



The Basketball and
Cheer camp have
Scholarships available!
For more information
reach out to :

Pal@middletownctpolice.com

**CELEBRITY SPORTS
ACADEMY**

**ANDRE
DRUMMOND
BASKETBALL &
CHEER CAMP**

August 5 & August 6
Beman Middle School
Boys & Girls Ages 7-18

SAVE \$10
WITH CODE
MPAL

CELEBRITYSPORTSACADEMY.COM

MIDDLETOWN POLICE
ACTIVE TEAM